Supplementary Data:

Table S1: Ingredient list used in the preparation of beverages for a 250 mL serving size

| Ingredient List: | SSB (250 mL) | RAB (250 mL): |
|-------------------|-------------------|-----------------|
| Coconut Water | 135.6 mL (51.05%) | 150 mL (58.7%) |
| Pomegranate Juice | 27.12 mL (10.21%) | 30 mL (11.7%) |
| Lemon Juice | 22.6 mL (8.51%) | 25 mL (9.8%) |
| Raspberry Juice | 13.56 mL (5.11%) | 15 mL (5.9%) |
| Green Tea | 27.12 mL (10.21%) | 30 mL (11.7%) |
| Inulin | 5.5 g (2.07%) | 5.5 g (2.15%) |
| Sugar | 35 g (13.18%) | - |
| Reb-A | - | 0.175 g (0.07%) |

Table S2: The effect of pasteurisation on the pH, water activity, and 'Brix values

| | | Before Pasteurisation | After Pasteurisation |
|----------------------------------|---------------|-----------------------|----------------------|
| Test | Beverage type | | |
| | Sugar | 3.39 ±0.00 | 3.39 ± 0.00 |
| рН | Reb-A | 3.39 ±0.00 | 3.39 ±0.00 |
| | Sugar | 0.944 ± 0.01 | 0.973 ± 0.00 |
| Water Activity (a _w) | Reb-A | 0.965 ± 0.00 | 0.983 ± 0.01 |
| °Brix | Sugar | 20.0 ± 0.0 | 20.5 ± 0.7 |
| | Reb-A | 8.0 ± 0.0 | 8.1 ± 0.1 |

(Note: Results are expressed as the mean ± standard deviation (SD) as results were measured in triplicate. For pH three measurements of the same batch were recorded. For °Brix Repeat measurements for beverages were taken on different production days. ANOVA and the post-hoc Tukey test was applied to assess differences between beverages and the effect of pasteurisation as data is parametric).

Table S3: The colour values (L*, a*, b*), colour intensity (C*), and total colour difference (Δ E*)

| Beverage | Treatment | L* | a* | b* | C* | ΔΕ* |
|---------------|--------------------------|--------------|--------------|---------------|-------|------|
| Sugar | Before Pasteurisation | 25.24 ± 0.69 | 12.32 ± 0.88 | 3.76 ±0.43 | 12.88 | 0.42 |
| | After Pasteurisation | 24.88 ± 0.66 | 12.11 ± 0.82 | 3.81 ± 0.41 | 12.70 | |
| Reb-A | Before Pasteurisation | 21.24 ± 0.64 | 10.36 ± 0.91 | 2.65 ± 0.47 | 10.69 | 2.20 |
| | After Pasteurisation | 22.74 ± 1.30 | 11.73 ± 1.03 | 3.49 ± 0.51 | 12.24 | |
| Sugar vs Reb- | Before Pasteurisation | - | - | - | - | 4.59 |
| Sugar vs Reb- | After Pasteurisation | - | - | - | - | 2.20 |

(Note: Results for L*, a*, and b* are expressed as mean \pm SD from triplicate measurements, Colour differences are unrecognizable (0 < Δ E* < 1), experienced observer can perceive the differences (1 < Δ E* < 2), inexperienced observer can perceive the differences (2 < Δ E* < 3.5), Every observer can easily see the difference (3.5 < Δ E* < 5), and an observer recognizes two different colours (Δ E* > 5) [1].

Table S4: Antioxidant results of the SSB and RAB following pasteurisation

| Beverage | Treatment | TPC (mg GAE/L) | FRAP (mg | DPPH (mg | TAC (mg CYEL) |
|----------|--------------------------|----------------|--------------|-------------|---------------|
| Type | | | AAE/L) | AAE/L) | |
| | Before Pasteurisation | 1014.4 ±18.9 | 1694.5 ±38.6 | 187.9 ±16.5 | 16.4 ±1.7 |
| SSB | After Pasteurisation | 1035.6 ±53.8 | 1733.9 ±19.7 | 294.9 ±1.3 | 13.1 ±2.4 |
| | Before Pasteurisation | 1117.4 ±78.9 | 1737.5 ±57.1 | 250.5 ±9.4 | 23.9 ± 2.0 |
| RAB | After Pasteurisation | 1144.1 ±36.0 | 1863.9 ±32.1 | 349.5 ±17.9 | 16.3 ± 5.0 |

(Note: Results are expressed using the average values represented by as mean ± SD, all data was treated as parametric and ANOVA analysis was applied obtaining p-values).

Table S5: Antioxidant activity of SSB and RAB after normalisation of SSB values to match RAB fruit/tea extract content

| Antioxidant Tests | SSB adjusted | RAB measured |
|-------------------|--------------|--------------|
| TPC (mg GAE/L) | 1190.9 | 1144.1 |
| FRAP (mg AAE/L) | 1994.0 | 1863.9 |
| DPPH (mg AAE/L) | 339.1 | 349.5 |
| TAC (mg CYE/L) | 15.04 | 16.31 |

Note: Adjusted SSB values were obtained by multiplying the measured after-pasteurisation antioxidant activity values for SSB by the ratio of total fruit/tea extract volume in RAB to that in SSB (244.5 mL \div 212.7 mL = 1.15), allowing direct comparison at equivalent extract concentrations.

These normalised values demonstrate that both SSB and RAB have very similar antioxidant activity when expressed per equivalent fruit/tea extract content, indicating that the differences seen in the final product is primarily due to the higher extract concentration in the RAB formulation. In practical terms, however, a real-life serving of the final RAB beverage delivers a higher total antioxidant intake owing to its greater fruit/tea extract content.

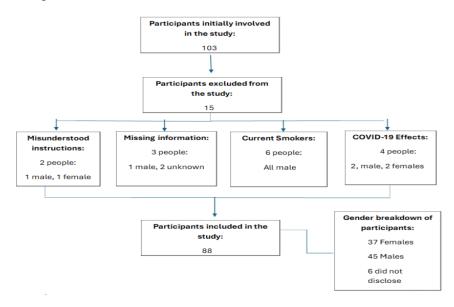


Figure S1: Flowchart of participants involved in the sensory analysis and reasons for exclusions.

Table S6: Summary of the sensory analysis results for each parameter for the SSB and RAB.

| Parameter | Measures | Sugar Beverage | Reb-A Beverage | p-value |
|--------------------|------------------|----------------|----------------|---------|
| | Mean ± SD: | 6.4 ± 1.6 | 6.2 ± 1.6 | 0.310 |
| | Variance: | 2.64 | 2.57 | |
| Odour | Coefficient of | 25.2 | 25.9 | |
| | Variation (CV)%: | | | |
| | Minimum: | 3 | 3 | |
| | Maximum: | 9 | 9 | |
| | Mean ± SD: | 7.7 ± 1.2 | 7.6 ± 1.3 | 0.591 |
| | Variance: | 1.31 | 1.70 | |
| Colour | CV%: | 14.9 | 17.2 | |
| | Minimum: | 4 | 3 | |
| | Maximum: | 9 | 9 | |
| | Mean ± SD: | 7.44 ± 1.6 | 6.9 ± 1.5 | 0.001 |
| | Variance: | 2.57 | 2.31 | |
| Taste | CV%: | 21.5 | 22.1 | |
| | Minimum: | 2 | 2 | |
| | Maximum: | 9 | 9 | |
| | Mean ± SD: | 7.5 ± 1.3 | 6.9 ± 1.4 | 0.001 |
| Overall Impression | Variance: | 1.69 | 1.99 | |
| | CV%: | 17.3 | 20.4 | |
| | Minimum: | 3 | 2 | |
| | Maximum: | 9 | 9 | |

(Note: To compare both beverages, the Mann-Whitney U test was applied as the data is non-parametric and the p-values were expressed).

Figure S2: Minimum numbers of judgments to establish significance for paired difference and duo–trio tests [2].

| Paired difference and duo-trio tests | | | | |
|--------------------------------------|----------------|-------|--|--|
| Number of trials (n) | Probability le | evels | | |
| | 0.05 | 0.01 | | |
| 37 | 24 | 26 | | |
| 38 | 25 | 27 | | |
| 39 | 26 | 28 | | |
| 40 | 26 | 28 | | |
| 41 | 27 | 29 | | |
| 42 | 27 | 29 | | |
| 43 | 28 | 30 | | |
| 44 | 28 | 31 | | |
| 45 | 29 | 31 | | |

Table 4.3 (continued)

| Paired difference and duo-trio tests | | | | | |
|---|----|----|--|--|--|
| Number of trials (n) Probability levels | | | | | |
| 80 | 48 | 51 | | | |
| 90 | 54 | 57 | | | |

Table S7: Summary of preference test between genders and total participants for both beverages

| Preference Test | Male | Female | Not Disclosed | Total |
|----------------------|------------|------------|---------------|-----------------|
| Sugar Beverage | 36 | 24 | 2 | 62 |
| Reb-A Beverage | 9 | 13 | 4 | 26 |
| Total | 45 | 37 | 6 | 88 |
| Probability Test (1% | Minimum 31 | Minimum 26 | Minimum 6 | Minimum 57 (out |
| confidence) | | | | of 90) |

(Note: A 1% confidence level was selected due to the high variability between scores on the parameters for each beverage).

References

- Pielak M., Czarniecka-Skubina E., Głuchowski A. Effect of sugar substitution with steviol glycosides on sensory quality and physicochemical composition of low-sugar apple preserves. *Foods*. 2020;9(3) DOI: https://doi.org/10.3390/foods9030293
- 2. Lawless H.T., Heymann H. *Sensory evaluation of food: Principles and practices*. Springer Science & Business Media; 2010.