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Brazilian green propolis promotes the cytoprotective expression of heme oxygenase-1 against oxidative stress injury in murine myoblast cells

Naoki Chinen¹, Wataru Otsu^{2,*}, Kazuki Ohuchi¹, Shiori Ando¹, Shinsuke Nakamura¹, Hiroyuki Kono³, Masamitsu Shimazawa^{1,2}, and Hideaki Hara^{1,2}

¹Department of Biofunctional Evaluation, Molecular Pharmacology; ²Department of Biomedical Research Laboratory Gifu Pharmaceutical University, 1-25-4 Daigakunishi, Gifu, 501-1196 Japan; ³Nagaragawa Research Center, API Co., Ltd., Gifu, 502-0071, Japan.

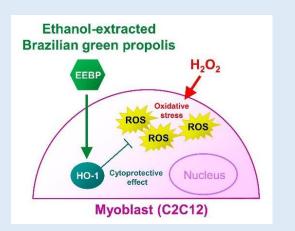
*Corresponding Author: Wataru Otsu, DVM., Ph.D., Department of Biomedical Research Laboratory Gifu Pharmaceutical University, 1-25-4 Daigakunishi, Gifu, 501-1196 Japan.

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ABSTRACT

Background: Sarcopenia is a progressive skeletal muscle disorder characterized by the progressive loss of muscle mass and function, resulting in physical disability and mortality. Although sarcopenia impacts a large proportion of elderly individuals, no effective treatment for this disease has yet been identified. The excessive production of reactive oxygen species (ROS) can damage tissues and promote aging, and the daily use of dietary antioxidants can be effective for maintaining skeletal muscle health.



Propolis, a natural substance that is collected by honey bees, has been used as traditional medicine, and many reports have described its antioxidative properties. However, how propolis exhibits cytoprotective effects and antioxidative effects in skeletal muscles remains unclear. The purpose of this study was to investigate the

antioxidative effects of ethanol-extracted Brazilian green propolis (EEBP, from *Baccharis dracunculifolia*) and its three constituents using an *in vitro* myoblast cell model.

Methods: Murine myoblast C2C12 cells were treated with either EEBP or its constituents, including caffeic acid, *trans*-ferulic acid, and *p*-coumaric acid, in the presence of 100 or 300 mM H₂O₂ to induce oxidative stress injury. The cell death ratio and cell viability were assessed by Hoechst 33342 and propidium iodide staining and the WST-8 assay, respectively. Simultaneously, intracellular ROS production was measured by CM-H₂DCFDA [5-(and-6)-chloromethyl-2',7'-dichlorodihydrofluorescein diacetate, acetyl ester] assay. Finally, immunoblotting was performed in myoblast cell lysates to assess the expression level of an antioxidative enzyme, heme oxygenase-1 (HO-1).

Results: We demonstrated that EEBP significantly reduced H_2O_2 -induced cell death at a concentration of 3 µg/ml in myoblasts. Additionally, caffeic acid at 100 µM improved cell viability under oxidative stress conditions, but not *trans*-ferulic acid or *p*-coumaric acid. Both EEBP and caffeic acid inhibited the H_2O_2 -induced increase in ROS production. Finally, HO-1 expression was increased by treatment with either EEBP or caffeic acid. The increase in HO-1 expression induced by H_2O_2 was enhanced in the presence of EEBP and caffeic acid.

Conclusions: These findings indicated that EEBP has protective effects against oxidative damage in the C2C12 murine myoblast cell line. Caffeic acid is an EEBP constituent that contributes to cytoprotective activity. EEBP may act as an inducer of HO-1 to prevent oxidative stress-induced myoblast death.

Keywords: C2C12 murine myoblast cells, heme oxygenase-1, oxidative stress, propolis, reactive oxygen species

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INTRODUCTION

Sarcopenia is a progressive and generalized skeletal muscle disorder that increases the likelihood of negative outcomes, such as falls, fractions, physical disability, and mortality [1]. Sarcopenia progression is characterized by the significantly reduced regenerative potential of muscle fibers due to a reduced pool of satellite cells, which are responsible for muscle regeneration at damaged sites through myogenic differentiation into skeletal myoblasts [2]. The population size and the function of satellite cells

are deteriorated by oxidative stress, which increases with aging. Aged satellite cells exhibit declining antioxidative capacity and increased levels of reactive oxygen species (ROS) [3]. Age-related mitochondrial DNA damage leads to mitochondrial dysfunction, and aging muscle cells have the impaired ability to remove these dysfunctional mitochondria, resulting in increased ROS production and oxidative damage [4]. Chemicals with antioxidative activities might be potential candidates for slowing or stopping the progression of sarcopenia by attenuating age-related

increases in ROS production and maintaining the myosatellite pool.

Propolis is a well-known traditional medicine that has been used since ancient times worldwide, especially in Eastern Europe and Brazil [5]. Propolis is produced from a resinous substance collected by honeybees from the sprouts and bark of various plants. Therefore, the constituents of propolis depend on its geographic origins, and the biological activity of propolis not necessarily consistent [6]. Brazilian green propolis has been reported to have various biological activities, such as antibacterial [6], anti-inflammatory [7], antioxidative [8], tumoricidal [9], and neuroprotective activities [10]. Its substances and biological activities also depend on the extraction method used. Ethanol-extracted Brazilian green propolis (EEBP) contains numerous chemical ingredients, including cinnamic acid derivatives, such as artepillin C, and hydroxycinnamic acids, such as caffeic acid, ferulic acid, and p-coumaric acid [11], which have been reported to exert inhibitory effects against low-density lipoprotein oxidation [12]. However, the biological activities of these constituent chemicals in skeletal muscles have not been wellstudied.

Nuclear factor erythroid 2-related factor (Nrf2), a master regulator of intracellular antioxidative responses, is required for muscle endurance performance and mitochondrial function in skeletal muscles [13]. In addition, Nrf2 activity has been reported to facilitate muscle regeneration [14]. The Nrf2 and Kelch-like ECH-associated protein 1 (Keap1)

pathway regulate intracellular redox homeostasis through the nuclear transport of Nrf2, allowing for Nrf2 to interact with the promoter regions of genes encoding antioxidant enzymes, such as heme oxygenase-1 (HO-1) [15]. Recently, we reported that the water-extracted propolis activates the antioxidant response element (ARE), resulting in the upregulation of HO-1 expression, which mediated cytoprotective effects under oxidative stress conditions [16]. These findings led us to question whether EEBP could induce a similar antioxidative response through Nrf2-mediated HO-1 activation in myoblasts.

Here, we investigated the cytoprotective activity of EEBP in murine myoblast C2C12 cells. We examined cell death and viability following the induction of oxidative stress using 100 μ M H₂O₂. We also tested the constituents of the EEBP, including trans-ferulic acid, caffeic acid, and *p*-coumaric acid. Then, we analyzed the effects of EEBP and caffeic acid on ROS production under oxidative stress conditions. Finally, we performed immunoblotting to understand EEBP-associated signaling pathways.

MATERIALS AND METHODS

Materials: Ethanol-extracted Brazilian green propolis (EEBP) was prepared as follows. A lump of Brazilian green propolis from *Baccharis dracunculifolia* (Nubas Gerais State, Brazil) was crushed, soaked in 95% ethanol, and stirred for 24 h at room temperature, after which the propolis grounds were removed by filtration. The filtrate was stored at -20°C for more

than 24 h, and the insoluble matter was removed by filtration. The ethanol-extracted solution was prepared by adjusting its solid content to 55% (w/w). *trans*-Ferulic acid and caffeic acid were purchased from Tokyo Chemical Industry Co., Ltd. (TCI; Tokyo, Japan). *p*-Coumaric acid was purchased from Sigma-Aldrich (St. Louis, USA).

Cell Viability and Cell Death Assays: C2C12 murine myoblast cells were maintained in a growth medium consisting of DMEM, 10% FBS, 100 U/mL penicillin (Meiji Co., Ltd., Tokyo, Japan), and 100 μg/mL streptomycin (Meiji Co., Ltd.), as described previously [17]. Cells were seeded into 96-well plates (BD Biosciences, Franklin Lakes, NJ, USA) at a density of 5,000 cells per well and incubated for 24 h at 37°C. EEBP was dissolved in dimethyl sulfoxide (DMSO; Nacalai Tesque) and diluted with phosphate-buffered saline (PBS; KCl: 0.2 mg/ml, KH₂PO₄: 0.24 mg/ml, NaCl: 8 mg/ml and Na₂HPO₄/12 H₂O: 3.63 mg/ml) to obtain the desired final concentration of EEBP (1, 3, or 10 μg/ml). DMSO (0.1%), EEBP, caffeic acid (1, 10, or 100 μM), trans-ferulic (1, 10, or 100 μM), pcoumaric acid (1, 10, or 100 μ M) at the indicated concentrations were added to the culture medium. One hour after chemical addition, 100 μM or 300 μM H₂O₂ was added to the cell culture, followed by incubation for 6 h or 24h. Cell viability and cell death assays were performed according to the manufacturer's instructions.

Cell viability was measured by using the Cell Counting Kit-8 (CCK-8; Dojin Kagaku, Kumamoto,

Japan). A CCK-8 reagent containing WST-8 was added to each well at 10 μ l and incubated 2 h. Subsequently, the absorbance was measured by using the Varioskan Flash 2,4 microplate reader (Thermo Fisher Scientific, Waltham, MA, USA) at 450 nm.

The cell death rate was measured by double staining with Hoechst 33342 (Invitrogen, Carlsbad, CA, USA) and propidium iodide (PI; Invitrogen). After incubation, Hoechst 33342 and PI were added to each well at final concentrations of 8.1 μ M and 1.5 μ M, respectively. Images were obtained by Lionheart FX (BioTek Winooski, Vermont, USA) and analyzed by Gen5 software (Bio Tek Instruments).

ROS production assay: To measure ROS production, 5-(and-6)-chloromethyl-2',7'

dichlorodihydrofluorescein diacetate, acetyl ester (CM-H₂DCFDA, Thermo Fisher Scientific) was used as an intracellular ROS indicator. CM-H₂DCFDA solution was added to the cell culture at a final concentration of 10 μ M and incubated at 37°C for 1 h. Fluorescent signals were measured by using a microplate reader (Varioskan Flash 2,4, Thermo Fisher Scientific) at ex/em: 485/535 nm. The ROS production rate was adjusted by the cell number, which was determined based on Hoechst 33342 staining.

Western blotting analysis: Western blotting was carried out as described previously [17]. Briefly, cells were seeded on a 12-well plate at a density of 100,000 cells per well and incubated for 24 h. After the addition of EEBP (1 or 10 μg/ml), caffeic acid (100

μM), trans-ferulic (100 μM), p-coumaric acid (100 μ M), and H₂O₂ (100 μ M), the cells were incubated for an additional 6 h. Then, the cells were washed with ice-cold PBS and lysed in radioimmunoprecipitation assay (RIPA) buffer (R0278; Sigma-Aldrich, St. Louis, Mo, USA), supplemented with a protease inhibitor cocktail (Sigma-Aldrich) and phosphatase inhibitor cocktails 2 and 3 (Sigma-Aldrich). Protein concentrations were measured with a BCA Protein Assay Kit (Thermo Fisher Scientific). An equal volume of protein lysate and sample buffer solution (FUJIFILM-Wako Pure Chemical Co., Osaka, Japan) were combined and boiled for 5 min. The protein samples were separated on a 5%-20% gradient sodium dodecyl sulfate (SDS)-polyacrylamide gel (SuperSep Ace; FUJIFILM-Wako Pure Chemical Co.) and transferred to a polyvinylidene difluoride membrane (Immobilon-P; Merck Millipore, Billerica, MA, USA). After blocking with Blocking One-P (Nacalai Tesque), the membranes were incubated with anti-HO-1 antibody (rabbit, sc-10789, Santa Cruz, Dallas, TX, USA; 1:200) and anti-β-actin antibody (mouse, A2228, Sigma-Aldrich; 1:2000) in a cold room at 4°C for overnight, followed by further incubation with horseradish peroxidase (HRP)-conjugated goat antirabbit or anti-mouse IgG (Thermo Fisher Scientific; 1:2,000) at room temperature for 1 h. Immunoreactive bands visualized were by Immunostar-I.D (FUJIFILM-Wako Pure Chemical Co.) and detected using an Amersham Imager 680 (GE Healthcare, Chicago, IL, USA). The signal intensity was

analyzed by Amersham Imager 680 software (GE Healthcare) and the signal intensity was normalized against that of β -actin.

Statistical analysis: All data represent the mean \pm standard error of the mean (SEM). Statistical analyses were performed by either Student's t-test or Dunnett's test, using SPSS Statistics software (IBM, Armonk, NY, USA). A p < 0.05 indicated statistical significance.

RESULTS

Protective effects of EEBP in an in vitro murine myoblast cell oxidative stress model: To investigate the effects of EEBP on myoblasts, we used C2C12 cells as an in vitro model. C2C12 cells were incubated with 100 μ M H_2O_2 for 6 h to induce oxidative stress. As reported previously [18], H₂O₂ exposure for 6 h significantly decreased cell viability among C2C12 cells (Fig. 1A). Subsequently, both 3 μg/mL and 10 μg/mL of EEBP improved cell viability, but 1 μg/mL of EEBP did not (Fig. 1A). In parallel, we confirmed that neither 1 nor 10 µg/mL of EEBP caused obvious toxicity (Fig. 1B). Oxidative stress triggers apoptosis [19], and the cell death rate increased following exposure to 100 μM H₂O₂ for 6 h, as expected. EEBP treatment significantly suppressed cell death in a dose-dependent manner (Fig. 1C and D). These results suggested that EEBP exerts protective effects against H2O2-induced oxidative stress injury in myoblast cells.

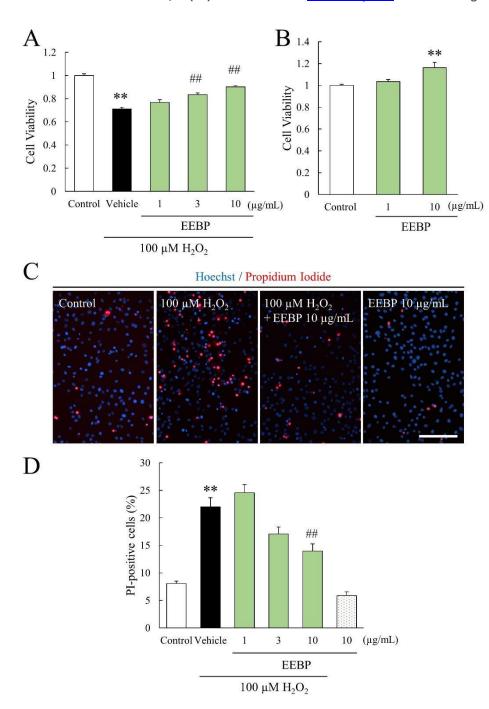


Figure 1 Effects of ethanol-extracted Brazilian green propolis on hydrogen peroxide-induced oxidative damage in myoblasts. (A) Bars represent the fold increase in cell viability, as measured by CCK-8 assay, following exposure to 100 μM H₂O₂ in C2C12 cells treated with either 1 μg/mL, 3 μg/mL, or 10 μg/mL of ethanol-extracted Brazilian green propolis (EEBP) for 6 h. (B) Cell viability was measured to examine EEBP toxicity. C2C12 cells were incubated without H₂O₂ exposure in the absence or presence of either 1 μg/mL or 10 μg/mL of EEBP. (C) Representative live images of Hoechst 33342 (blue) and propidium iodide (PI, red) staining in C2C12 cells treated with or without EEBP and H₂O₂. Scale bar, 200 μm. (D) The number of PI-positive cells was counted and presented as a cell death ratio. Data are shown as the mean ± SEM (N = 5-6). *P < 0.05, *P < 0.01, Student's t-test vs. Control, *P < 0.05, *P < 0.01, Dunnett's test vs. Vehicle.

The protective effects of caffeic acid in an in vitro oxidative stress model: To identify which chemical constituent(s) of EEBP are associated with the observed protective effect against oxidative stress, we chose and examined three substances found in EEBP: caffeic acid, trans-ferulic acid, and p-coumaric acid (Fig. 2A). Only caffeic acid significantly improved

cell viability of C2C12 cells treated with H_2O_2 at a concentration of 300 μ M, whereas neither *trans*-ferulic acid nor *p*-coumaric acid exhibited any effects on cell viability (Fig. 2B), suggesting that caffeic acid may contribute to the protective effects observed for EEBP against oxidative stress injury in myoblasts.

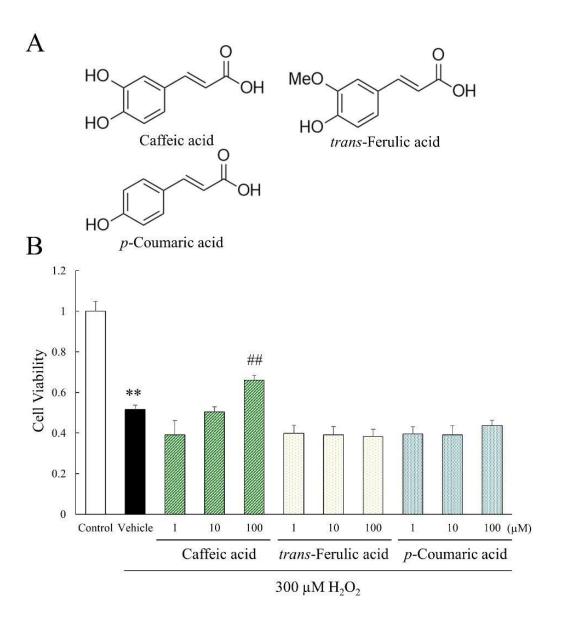


Figure 2. Examination of propolis constituents in a myoblast hydrogen peroxide-injury model. (A) The chemical structures of the examined compounds, caffeic acid, *trans*-ferulic acid, and *p*-coumaric acid. (B) Bars show the fold increase in cell viability following exposure to 300 μM H₂O₂ for 24 h in C2C12 cells treated with either caffeic acid (1 μM, 10 μM, or 100 μM), or *p*-coumaric acid (1 μM, 10 μM, or 100 μM). Data are shown as the means \pm SEM (N = 5). ***P* < 0.01 vs. Control (Student's *t*-test), ***P* < 0.01 vs. Vehicle (Dunnett's test).

The Mechanism for EEBP antioxidative activity in an in vitro oxidative stress model: To investigate the antioxidative activity of EEBP and caffeic acid, we measured intracellular ROS production. The levels of intracellular ROS were measured using CM-H₂DCFDA after EEBP treatment and H₂O₂ exposure. As expected, H₂O₂ exposure increased ROS production,

whereas EEBP attenuated this increase in ROS at concentrations of 3 and 10 μ g/mL, but not at 1 μ g/mL (Fig. 3A). In addition, 1, 10, and 100 μ M caffeic acid significantly decreased ROS production (Fig. 3B). These results indicate that EEBP and its constituent, caffeic acid can prevent ROS production under the condition of H₂O₂ induced oxidative stress.

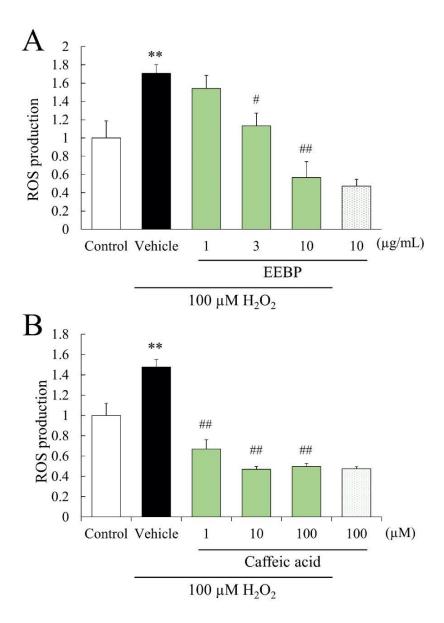


Figure 3. Effects of ethanol-extracted Brazilian green propolis on ROS production in myoblasts following exposure to oxidative stress. Reactive oxygen species (ROS) production was measured using CM-H₂DCFDA and is presented as a fold change relative to controls. C2C12 cells were treated with either ethanol-extracted Brazilian green propolis (EEBP, A), or caffeic acid (B), and incubated in the presence of 100 μ M H₂O₂ for 6 h. Data are shown as the means \pm SEM (N = 6). **P < 0.01 vs. Control (Student's t-test), *P < 0.05 **P < 0.01 vs. Vehicle (Dunnett's test).

Water-extracted propolis has been reported to activate the Nrf2/Keap1 signaling pathway and upregulate the expression of HO-1, which mediates cytoprotective effects under oxidative stress conditions [16]. HO-1 protein levels were significantly elevated in C2C12 cells treated with either 10 μ g/ml EEBP or 100 μ M caffeic acid, whereas neither 1 μ g/ml EEBP, 100 μ M trans-ferulic acid, nor 100 μ M p-coumaric acid altered HO-1 protein amounts (Fig. 4A

and B). As reported previously, H_2O_2 exposure increased HO-1 expression levels (Fig. 4A and B). Moreover, HO-1 expression levels were further elevated when H_2O_2 treatment was combined with either 10 µg/ml EEBP or 100 µM caffeic acid (Fig. 4A and B). These findings suggested that EEBP and caffeic acid can increase the intracellular antioxidative capacity by upregulating the expression of HO-1 in C2C12 cells.

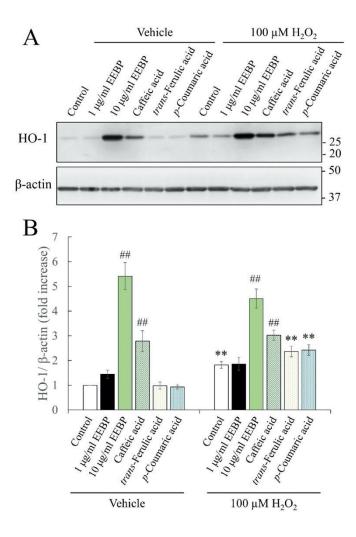


Figure 4. Immunoblotting analysis of myoblast lysates incubated with ethanol-extracted Brazilian green propolis under oxidative stress conditions. The expression of heme oxygenase-1 (HO-1) was analyzed in C2C12 myoblast cell lysates incubated with H_2O_2 in the presence or absence of either ethanol-extracted Brazilian green propolis (EEBP; 1 μg/mL or 10 μg/mL), 100 μM of caffeic acid, 100 μM of *trans*-ferulic acid, or 100 μM of *p*-coumaric acid for 6 h. Representative images for the blots and quantitative data are shown in A and B, respectively. β-Actin was used as a loading control. Data are shown as the mean \pm SEM (N = 6). ##P < 0.01 Dunnett's test vs. Control **P < 0.01, Student's *t*-test vs. Vehicle (Control, *trans*-Ferulic acid, p-Coumaric acid).

DISCUSSION

In the present study, we demonstrated that EEBP exerts a protective effect against 100 μ M H₂O₂-induced oxidative stress in C2C12 cells (Fig. 1). In addition, we demonstrated that one of the EEBP constituents, caffeic acid, ameliorated the decline in cell viability observed following H₂O₂ exposure (Fig. 2). Mechanically, EEBP and caffeic acid suppressed ROS production under oxidative stress conditions (Fig. 3). Finally, we found that EEBP and caffeic acid promoted the expression of HO-1 (Fig. 4). Taken together, these results suggested that EEBP promotes HO-1 expression and functions as an antioxidant to protect against oxidative stress. Caffeic acid is likely one of the substances found in EEBP that contributes to these activities.

Propolis contains various constituents, which have antimicrobial, anti-tumorous, inflammatory, and antioxidative activities [5]. The constituents of propolis are not consistent among propolis products from different regions; thus, identifying the constituent chemicals that underlie the cytoprotective activities associated with specific types of propolis is an important step. We revealed that caffeic acid might be one of the propolis constituents that exerts a protective effect against oxidative stress in myoblasts (Fig. 2B). Caffeic acid is one of the major chemical ingredients in EEBP, its amount in EEBP is 0.1-0.6 % (w/w) [20]. In the study for bioavailability in rats, it was reported that the maximum plasma concentration of caffeic acid was reached 250.4 \pm 37.6 ng/mL (approximately, 1.39 μ M) following a single intragastric administration of caffeic acid (10 mg/kg) [21]. Caffeic acid has been reported to markedly reduce intracellular superoxide anion generation in rat vascular smooth muscle cells treated with angiotensin II [22]. In the present model, we demonstrated that caffeic acid suppressed ROS production at a concentration of 1 µM (Fig. 3B), suggesting that it might exert its antioxidative effect by oral administration. In addition, caffeic acid elevated the expression of HO-1 with and without oxidative stress (Fig. 4). On the other hand, caffeic acid phenethyl ester (CAPE), a derivative of caffeic acid that is also known to be a chemical constituent of propolis extracts [23], have presented similar biological activities [24], and exerts antioxidative effects through the upregulation of HO-1, which is mediated by Nrf2 [25]. In contrast, p-coumaric acid did not show any significant effects in the myoblast cell culture system (Fig. 2B), although a previous study reported a protective effect against excess light-induced cell damage [26], suggesting that the efficacy and resistance associated with EEBP treatment can vary among different cell types and tissues. While ethanolic extract of propolis was reported to induce apoptosis in a human carcinoma cell line [27], treatment of EEBP without oxidative stress elevated cell viability (Fig. 1B), decreased ROS (Fig. 3A), and increased HO-1 expression (Fig. 4) compared to control in myoblast cells, rather than cytotoxicity. These findings suggest that the biological activity of EEBP should be examined in a suitable cell type for the target tissue of interest.

Sarcopenia is a common disease among elderly individuals and can begin as early as the 4th decade of life. Sarcopenia can be classified as either primary (age-related) or secondary (causal factors other than aging). Mitochondrial function is essential for maintaining skeletal muscle tissues, and the progression of sarcopenia is known to be associated with mitochondrial dysfunction and increased ROS production during aging [2]. Interestingly, Nrf2 regulates not only the expression of antioxidative

enzymes but also the mitochondrial membrane potential and respiration [28]. Therefore, the effects of EEBP may be mediated through multiple pathways.

Because of the enormous metabolic energy demands, skeletal muscles contain large quantities of myoglobin, a cytoplasmic protein that binds to oxygen on a heme prosthetic group. The physiological relevance of HO-1 in skeletal muscles has long been recognized. Exhaustive exercise and electrical stimulation in rat skeletal muscles induce HO-1 expression to protect muscle tissues from oxidative stress [29]. Moreover, the pharmacological induction of HO-1 has been reported to protect against muscle damage in a murine model of genetic muscle disease, Duchenne muscular dystrophy [30], suggesting that HO-1 might be a therapeutic target for muscular diseases. HO-1 deficiency results in the exhaustion of myosatellite cells [31], indicating that the modulation of HO-1 expression may be able to suppress sarcopenia progression by maintaining satellite cell pools. Further investigation remains necessary to elucidate the effects of EEBP on muscle regeneration.

CONCLUSION

The present findings indicated that EEBP and its constituent, caffeic acid, exert protective effects against oxidative damage in C2C12 myoblast cell line. EEBP may act as an inducer of HO-1 to protect against oxidative stress in muscles.

List of abbreviations: ARE: antioxidant response element, CCK8: Cell Counting Kit-8, DMEM: Dulbecco's modified Eagle's medium, DMSO: dimethyl sulfoxide, EEBP: ethanol extract of Brazilian green propolis, FBS: fetal bovine serum, HO-1: heme oxygenase-1, Keap1: Kelch-like ECH-associated

protein 1, Nrf2: nuclear factor erythroid 2-related factor, ROS: reactive oxygen species.

Author's contributions: All authors contributed to this work. NC designed the research, performed the experiments, and analyzed the results. All authors interpreted the results and designed the research strategy. NC and WO prepared the manuscript.

Competing interests: This work was supported by API Co., Ltd. (Gifu, Japan).

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