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# **Hepatoprotective and anti-inflammatory profile of sokeikakketsuto and makyoyokukanto in primary cultured rat hepatocytes**

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# **ABSTRACT**

**Background:** Sokeikakketsuto (SOK) is a Kampo medicine that can mitigate several types of pain, including arthralgia, neuralgia, low back pain, and myalgia, which may be introduced for the treatment of neuropathic pain in anti-cancer therapy. Considering that several Kampo medicines are known to have hepatoprotective and anti-inflammatory effects, we investigated the pharmacological mechanism of SOK in hepatocytes. Additionally, we examined another Kampo medicine, makyoyokukanto (MAK), as a reference as it has been reported to have similar efficacy for neuropathic pain.

**Methods:** SOK or MAK was incubated with rat primary cultured hepatocytes treated with interleukin (IL)-1β. The induction of inducible nitric oxide synthase (iNOS), nitric oxide (NO) production, iNOS signaling pathways, and the expression of other inflammatory mediators was investigated. ¥

**Results:** IL-1β activated iNOS induction, followed by NO production. SOK and MAK reduced the expression of iNOS mRNA and its protein and decreased NO production. SOK and MAK also decreased the levels of tumor necrosis factor (TNF)-α and increased the levels of IL-6 and IL-1β. Transfection experiments with iNOS promoter-luciferase constructs revealed that MAK reduced iNOS mRNA synthesis and stability; however, SOK only reduced mRNA synthesis. Both medicinessuppressed the activation of nuclear factor (NF)-κB but did not block the upregulation of type I IL-1 receptor in two essential signaling pathways.

**Conclusions:** SOK and MAK could prevent NO production by inhibiting iNOS gene expression, partly through NF-κB activation, in inflamed hepatocytes.

**Keywords:** Kampo medicine, sokeikakketsuto, makyoyokukanto, inducible nitric oxide synthase, cultured hepatocytes



## **INTRODUCTION**

The Kampo medicine sokeikakketsuto (SOK) is an extract of a mixture of 17 crude drugs (Table 1), which has been used in Japanese traditional medicine to relieve pain, including arthralgia, neuralgia, low back pain, and myalgia. The analgesic effect of SOK on chemotherapyinduced peripheral neuropathic symptoms in rats has been demonstrated [1]. Some pharmacological mechanisms of SOK have been elucidated; for example, paeoniflorin from *Paeoniae Radix* has an inhibitory effect[2]on glutamate release, and isoliquiritigenin from *Glycyrrhizae* has an N-methyl-D-aspartate (NMDA) antagonist effect[3]. Paeoniflorin[4] and isoliquiritigenin[5] are widely known to have hepatoprotective potential. Furthermore, glycyrrhizin, another component of *Glycyrrhizae Radix*[6], and a certain fraction of *Sojyutu* extract[7] have been reported to have hepatoprotective effects. Therefore, SOK may be

introduced for the treatment of neuropathic pain with a hepatoprotective profile in anti-cancer therapy.

This study aimed to investigate the hepatoprotective profile of SOK using an *in vitro* liver injury model, in which primary cultured rat hepatocytes were stimulated by proinflammatory cytokines, leading to nitric oxide (NO) production[8]. Additionally, we examined another Kampo medicine, makyoyokukanto (MAK), as a reference considering that MAK has similar efficacy for alleviating arthralgia, neuralgia, and low back pain but consists of different crude drugs except for *Glycyrrhizae Radix* (Table 1).

# **MATERIALS AND METHODS**

**Materials:** Two types of crude Kampo powder (SOK and MAK; Tsumura, Tokyo, Japan) were dissolved in culture medium (10 mg/mL) at room temperature for 30 min with moderate shaking, followed by centrifugation (10,000 × *g* for 30 min), filtration (0.44 μm filter), and storage for one month at 4°C before use. Recombinant

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human interleukin (IL)-1β (2 × 10<sup>7</sup> U/mg protein) was purchased from MyBioSource (San Diego, CA, USA, catalog#MBS203125). Male Wistar rats (200–250 g and 6–7 weeks old) were purchased from Charles River (Tokyo, Japan) and kept at 22°C under a 12:12 h light:dark cycle with *ad libitum* access to food and water. All experiments on rats were performed in accordance with the Guidelines for the Care and Use of Laboratory Animals of the National Institutes of Health. The experiments were approved by the Animal Care Committee of Kansai Medical University.

*In vitro* **liver injury model:** Hepatocytes were isolated from rats by perfusion with collagenase (Wako Pure Chemicals, Kyoto, Japan)[9] suspended in culture medium at  $6 \times 10^5$  cells/mL, seeded into 35 mm plastic dishes (2 mL/dish; Falcon Plastic, Oxnard, CA, USA), and

 **Table 1.** Crude drugs of the Kampo medicines SOK and MAK

cultured at 37°C in a CO<sup>2</sup> incubator under a humidified atmosphere with 5% CO2. The culture medium was Williams' E medium (WE) supplemented with 10% fetal calf serum, HEPES (5 mM), penicillin (100 U/mL), streptomycin (100 μg/mL), fungizone (0.25 μg/mL), aprotinin (0.1 μg/mL; Roche, Mannheim, Germany; in the case without serum), 10 nM dexamethasone, and 10 nM insulin. After 2 h, the medium (1.5 mL/dish) was replaced with fresh serum-free and hormone-containing WE (first medium change). After incubation for 5 h, the medium was replaced with fresh serum- and hormone-free WE (second medium change), and the cells were cultured overnight. The number of cells attached to the dishes was determined by counting the number of nuclei[10], and a ratio of  $1.37 \pm 0.04$  nuclei/cell was used (mean  $\pm$  SE, n = 7 experiments).



**Treatment of cells with SOK or MAK:** On day 1, the cells were washed with fresh serum- and hormone-free WE and incubated with IL-1β (1 nM) [Nakamura] in the same medium in the presence or absence of SOK or MAK. The doses of SOK or MAK used are indicated in the figures and their legends.

**Determination of NO production and lactate dehydrogenase (LDH) activity:** The level of nitrite (a stable metabolite of NO) in the culture medium was measured as an indicator of NO production using the Griess method[11]. LDH activity in the culture medium was also measured to reflect cell viability using a commercial kit (Roche Diagnostics, Mannheim, Germany).

**Western blot analysis:** Total cell lysates were obtained from cultured cells, as described previously[12] with minor modifications. In brief, the cells  $(1 \times 10^6 \text{ cells}/35$ mm dish) were lysed with sample buffer for sodium dodecyl sulfate-polyacrylamide gel electrophoresis (1× SDS-PAGE) (final: 125 mM Tris-HCl, pH 6.8; containing 5% glycerol, 2% SDS, and 1% 2-mercaptoethanol), subjected to SDS-PAGE, and electroblotted onto a polyvinylidene difluoride membrane (Bio-Rad, Hercules, CA, USA). Immunostaining was performed using primary antibodies against mouse monoclonal inducible nitric oxide synthase (iNOS) (610432; BD Biosciences, Tokyo, Japan), human IκBα (C21) (sc371; Santa Cruz Biotechnology, Santa Cruz, CA, USA), mouse monoclonal type I IL-1 receptor (IL-1RI) (H-8 sc-393998; Santa Cruz Biotechnology), and rat β-tubulin (internal control; clone TUB2.1; Sigma Chemical Co., St. Louis, MO, USA). Then,



**Reverse transcriptase-polymerase chain reaction (RT-PCR):** Total RNA was extracted from cultured hepatocytes using the guanidinium-phenol-chloroform method[13] in 1, 2, 4 and 6h. cDNA was synthesized from 1 μg of total RNA for each sample with Oligo(dT)20 Primer (25 ng), 5× RT Buffer (5 μL), 10 mM dNTP mixture (2.5 μL), RNase inhibitor (0.5  $\mu$ L), ReverTra Ace (100 U/ $\mu$ L), and UltraPure™ distilled water (Invitrogen, Carlsbad, CA, USA) (total, 25 μL). The conditions of the thermal cycler (iCycler; Bio-Rad) were as follows: 42°C for 60 min and 95°C for 5 min.

The PCR reaction was performed using SYBR Green (Qiagen, Tokyo, Japan) and the primers for each gene. Primer sequences were synthesized by Eurofins Genomics (Tokyo, Japan) and are shown in Table 2. The thermal cycler (Rotor-Gene Q; Qiagen) was programmed as follows: 95°C for 5 min, followed by 40 cycles of 95°C for 5 s and 60°C for 10 s. Data collection and analysis were performed using the software included in the system. The mRNA level of each gene was measured as the CT value and normalized to that of elongation factor-1α (EF; internal control). The sequence for the rat iNOS was deposited in the DNA Data Bank of Japan (DDBJ)/European Bioinformatics Institute (EMBL-EBI)/GenBank under the accession number AB250951.



# **Table 2.** List of primer sets for RT-PCR

iNOS, inducible nitric oxide synthase; TNF-α, tumor necrosis factor-α; CINC-1, cytokine-induced neutrophil chemoattractant-1; IL-1β, interleukin-1β; IL-6, interleukin-6; EF, elongation factor-1α. F/R, forward/reverse.

**Transfection and luciferase assay:** The transfection of cultured hepatocytes was performed as previously described[14–16]. In brief, hepatocytes were cultured at  $4 \times 10^5$  cells/dish (35  $\times$  10 mm) in WE supplemented with serum, dexamethasone, and insulin for 7 h before magnet-assisted transfection (MATra). The reporter plasmid pRiNOS-Luc-SVpA (iNOS mRNA synthesis) or pRiNOS-Luc-3UTR (iNOS mRNA stabilization) (1 μg) and the CMV promoter-driven β-galactosidase plasmid pCMV-LacZ (1 ng) as an internal control were mixed with MATra-A reagent (1 μL; IBA GmbH, Göttingen, Germany). After incubation for 15 min on a magnetic plate at room temperature, the medium was replaced with fresh serum-containing WE. The cells were cultured overnight and treated with IL-1β in the presence or absence of SOK or MAK. The luciferase and β-galactosidase activities of cell extracts were measured using the PicaGene (Wako Pure Chemicals) and Beta-Glo (Promega, Wisconsin, WI, USA) kits, respectively. The sequence of the iNOS gene promoter was deposited in the DDBJ/EMBL-EBI/GenBank under the accession number AB290142.

**Electrophoretic mobility shift assay** (**EMSA):** Nuclear extracts were prepared, and EMSA was performed as previously described[17]. In brief, nuclear extracts from hepatocytes (3 μg) were mixed with 1 μg of poly(dI-dC) and a probe for 20 min at room temperature (total mixture, 15 μL). To prepare a double-stranded DNA probe, annealed oligonucleotides harboring a κB site (5′- AGTTGAGGGGACTTTCCCAGGC-3′; only the sense strand is shown) were labeled with [γ-<sup>32</sup>P]-adenosine-5 triphosphate (ATP; DuPont-New England Nuclear Japan, Tokyo, Japan) and T4 polynucleotide kinase (Takara Bio Inc., Shiga, Japan). Samples were resolved on a 4.8% polyacrylamide gel, followed by drying and autoradiography. Protein concentrations were measured with the Bradford[18] method using a binding assay kit (Bio-Rad) with bovine serum albumin as the standard.

findings. All data are expressed as the mean ± standard deviation (SD). Differences were analyzed by the Bonferroni-Dunn test, and a value of  $P < 0.05$  was considered to indicate a significant difference.

### **RESULTS**

**SOK and MAK inhibit the production of NO in hepatocytes:** Treatment with the proinflammatory cytokine IL-1β (1 nM) increased NO production in primary cultured hepatocytes[19,20]. IL-1β increased the level of NO at 4 h and thereafter (open circles); however, the simultaneous addition of SOK and MAK (5 mg/mL) inhibited this increase (closed circles) in a timedependent manner (Fig. 1A). SOK and MAK (1–5 mg/mL) also decreased NO production (upper) and iNOS protein induction (middle) in a dose-dependent manner (Fig. 1B). Furthermore, SOK and MAK (5 mg/mL) inhibited iNOS mRNA expression (Fig. 1C).

**SOK and MAK affect inflammatory mediators in hepatocytes:** SOK and MAK inhibited tumor necrosis factor (TNF)-α mRNA expression; however, they did not affect the mRNA expression of cytokine-induced neutrophil chemoattractant-1 (CINC-1) and increased IL-6 and IL-1β mRNA expression at different levels (Fig. 1D). SOK and MAK showed no cellular cytotoxicity (LDH release in the culture) in hepatocytes (Fig. 2).

**MAK but not SOK affects iNOS mRNA synthesis and stability in hepatocytes:** SOK and MAK inhibited iNOS induction, as demonstrated previously. Transfection experiments with iNOS promoter-luciferase constructs revealed different mechanisms; MAK inhibited the luciferase activity of both pRiNOS-luc-SVpA (mRNA synthesis) and pRiNOS-Luc-3'UTR (mRNA stability), whereas SOK only inhibited the former (Fig. 3).

**SOK and MAK affect iNOS signaling pathways in hepatocytes:** Two signaling pathways are involved in the induction of iNOS in hepatocytes: nuclear factor-kappa B (NF-κB) activation after IκBα degradation and IL-1RI upregulation after the activation (phosphorylation) of Akt (downstream of phosphatidylinositol-3-kinase). SOK and MAK inhibited the activation of NF-κB, which was examined by EMSA; however, both of them did not affect the degradation of IκBα (Fig. 4A and 4B). Furthermore,

SOK and MAK did not affect IL-1RI upregulation (Fig. 5A and 5B).

**Delayed SOK and MAK treatment inhibits NO production and iNOS induction:** The delayed addition of SOK and MAK at 1–3 h after IL-1β stimulation decreased NO production and iNOS protein induction; however, there were no significant effects thereafter (Fig. 6).



**Fig. 1.** Effects of SOK and MAK on NO production, iNOS protein expression, and inflammatory mediator (iNOS, TNF-α, CINC-1, IL-6, and IL-1β) mRNA expression in hepatocytes. Cells were treated with interleukin (IL)-1β (1 nM) in the presence or absence of a Kampo medicine (SOK or MAK). (A) Effects of SOK or MAK treatment (5 mg/mL) for the indicated times on NO production (IL-1β, open circles; IL-1β + SOK or MAK, filled circles; SOK or MAK, filled triangles; controls (without IL-1β and SOK or MAK), open triangles). (B) Effects of SOK or MAK treatment at various doses (1–5 mg/mL) for 8 h on NO production (upper) and iNOS protein expression (middle). Nitrite levels were measured in the culture medium. In the western blot panels, cell lysates (20 μg of protein) were subjected to SDS-PAGE on a 7.5% gel and immunoblotted with anti-iNOS or anti-β-tubulin antibody. (C and D) Analysis of total RNA by strand-specific RT-PCR for iNOS, TNF-α, CINC-1, IL-6, and IL-1β detection. EF mRNA was used as an internal control. Data are presented as the mean ± SD for n = 3 dishes/point. \*P < 0.05 versus IL-1β alone.



**Fig. 2.** Effects of SOK and MAK on cellular cytotoxicity. Cells were treated with IL-1β (1 nM) in the presence or absence of SOK or MAK (1-5 mg/mL) for 8 h. LDH activity was measured in the culture medium. Data are presented as the mean ± SD (n = 3 dishes/point).



**Fig. 3.** Effects of SOK and MAK on iNOS promoter transactivation (iNOS mRNA synthesis and stability) in hepatocytes. Two reporter constructs were generated, consisting of the rat iNOS promoter (1.0 kb), a luciferase gene, and the SV40 poly(A) region (pRiNOS-Luc-SVpA) for mRNA synthesis or iNOS 3′-UTR (pRiNOS-Luc-3′UTR) for mRNA stabilization. The iNOS 3′-UTR contains AU-rich elements (AREs) (AUUU(U)A  $\times$  6), which contribute to mRNA stabilization. Each construct was introduced into hepatocytes, and the cells were treated with IL-1β (1 nM) in the presence or absence of SOK or MAK (5 mg/mL) for 7 h for pRiNOS-Luc-SVpA and 3.5 h for pRiNOS-Luc-3′UTR. Luciferase activity was normalized to β-galactosidase activity. Fold activation was calculated by dividing luciferase activity by control activity (without IL-1β and SOK/MAK). Data are presented as the mean ± SD for n = 3–6 dishes. \*P < 0.05 versus IL-1β alone.



**Fig. 4.** Effects of SOK and MAK on the degradation of IκBα and activation of NF-κB. Cells were treated with IL-1β (1 nM) in the presence or absence of SOK or MAK (5 mg/mL) for the indicated times. (A) IκBα degradation. Cell lysates (20 μg of protein) were subjected to SDS-PAGE on a 12.5% gel, followed by immunoblotting with anti-IκBα antibody. (B) NF-κB activation. Nuclear extracts (3 μg of protein) were analyzed by EMSA. Representative results of three independent experiments are shown. The bands corresponding to NF-κB were quantified by densitometry (mean ± SD; n = 3 experiments). \*P < 0.05 versus IL-1β alone.



**Fig. 5.** Effects of SOK and MAK on the upregulation of IL-1RI. Cells were treated with IL-1β (1 nM) in the presence or absence of SOK or MAK (5 mg/mL) for the indicated times. (A) Phosphorylation of Akt. Total cell lysates were analyzed by SDS-PAGE on a 10% gel, followed by immunoblotting with anti-phospho-Akt (upper) or anti-Akt (lower) antibody. (B) Upregulation of IL-1RI. Cell lysates (40 μg of protein) were subjected to SDS-PAGE on a 7.5% gel and immunoblotted with anti-IL-1RI or anti-β-tubulin antibody.



**Fig. 6.** Effects of delayed SOK and MAK administration on iNOS induction in hepatocytes. Cells were treated with SOK or MAK (5 mg/mL) at 0–4 h after the addition of IL-1β (1 nM). The effects of SOK/MAK on NO production (upper panel) and iNOS protein (middle panel) were analyzed at 8 h after the addition of IL-1β. Nitrite levels were measured in the culture medium. Data are presented as the mean ± SD (n = 3 dishes/point); \*P < 0.05 versus IL-1β alone. In the western blot panels, cell lysates (20 μg of protein) were subjected to SDS-PAGE on a 7.5% gel and immunoblotted with anti-iNOS or anti-β-tubulin antibody.

# **DISCUSSION**

In the current study, SOK and MAK inhibited iNOS induction and NO production in IL-1β-stimulated hepatocytes by suppressing NF-κB activation. Both medicines also inhibited TNF-α mRNA expression. These results suggest that SOK and MAK may have hepatoprotective and anti-inflammatory effects. SOK may be used in anti-cancer therapy for patients with neuropathic pain<sup>1</sup>. Patients with advanced cancers tend to have cachexia, which is associated with inflammatory changes[21]. The anti-inflammatory effects of SOK have the potential to mitigate cancer-related refractory syndromes. In addition, the hepatoprotective profile of SOK is better compared with that of other analgesics. Although acetaminophen is one of the most frequently used drugs due to its analgesic and antipyretic properties, an overdose of acetaminophen is a major cause of acute liver failure[22]. Duloxetine, which is the only recommended drug for neuropathy treatment in the American Society of Clinical Oncology (ASCO) Guideline 2020, also has the potential to cause drug-induced liver injury[23]. On the other hand, SOK has minimal adverse effects;[1] thus, it would be beneficial if the administration of SOK could reduce the excessive use of these analgesics. Interestingly, MAK demonstrated a mechanism similar to that of SOK by inhibiting NO production in hepatocytes; however, these two Kampo medicines are composed of different crude drugs except for *Glycyrrhizae Radix*. Nakamura et al. reported that the maximum effect was achieved at 30 min after the administration of SOK[1]. We also demonstrated that the delayed addition of SOK and MAK at 1–3 h after treatment with IL-1β decreased NO production and iNOS protein induction. These results suggest that SOK and MAK may be administered for pain management in both routine and rescue situations.

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NO is produced from L-arginine by three isoforms of NOS: neuronal NOS (nNOS), endothelial NOS (eNOS), and iNOS. NO plays important roles in various pathophysiological processes. The production of NO by iNOS and inflammatory cytokines such as TNF-α and IL-1β has been implicated as a factor in liver injury[24–26]. We previously reported that IL-1β stimulated the expression of iNOS and CXCL1 (human IL-8 analog) in primary rat hepatocyte cultures, which led to excess NO production (*in vitro* liver injury model)[8]. In the induction of iNOS, there are two essential signaling pathways, the IκB degradation/NF-κB activation through IκB kinase and IL-1RI upregulation through phosphatidylinositol 3-kinase (PI3K)/Akt [27]. SOK and MAK had no effects on the both signaling pathways, but reduced NF-κB activation, its nuclear translocation from cytoplasm and DNA binding. The elevation of mRNA of IL-1β and IL-6, both of which were the target genes of NFκB [28], were inhibited in hepatocytes by the treatment of SOK and MAK. The hepatoprotective effects of clinical drugs, traditional medicines, and functional foods may be determined using an *in vitro* liver injury model; the prevention of iNOS induction and NO production, as well as the inhibition of TNF-α expression, may indicate liver protection. In neurotransmission including pain perception in the spinal cord, activation of the NMDA subtype of glutamate receptors and subsequent NO production are key events[29]. NO produced by nNOS, but not eNOS or iNOS, in the spinal cord is mainly involved in the maintenance of neuropathic pain. However, it has been shown that NO itself can enhance nNOS activity mediated by NMDA receptors[30].

Limitation of this study is that this is an *in vitro* study using hepatocytes indicated that the inhibition of NO production is a key pharmacological mechanism of SOK and MAK. Further investigation is warranted in the context of cultured neurons, *in vivo* models of neuropathic pain, and clinical trials.

### **CONCLUSION**

In conclusion, two different Kampo medicines (SOK and MAK) with similar efficacy for neuropathic pain had hepatoprotective and anti-inflammatory effects on proinflammatory-stimulated primary cultured rat hepatocytes.

**Abbreviations**: SOK: sokeikakketsuto, MAK: makyoyokukanto, iNOS: inducible nitric oxide synthase, NO: nitric oxide, IL-1β: interleukin-1β, NF-κB: nuclear factor-kappa B, IL-1RI: type I interleukin-1 receptor, TNFα: tumor necrosis factor-alpha, CINC-1: cytokine-induced neutrophil chemoattractant-1

**Disclosure of potential conflicts of interest:** The authors declare that they have no conflicts of interest.

**Authors' contributions:** TS and TeO participated in data collection, statistical analysis, and drafting the manuscript. MaK and TY assisted in data collection, and MK provided advice on the development of the protocol for the study. MN, TO, and MS assisted in the design of the study, supervised the study, and provided oversight when the manuscript was being drafted.

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