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To the Editors-in-Chief of Functional Foods in Health and Disease (FFHD),

I am pleased to submit an original research article entitled “Effects of Theracurmin® consumption on liver function, fatigue, and sleep: A randomized, double-blind, placebo-controlled, parallel-comparison study” written by Yoshitaka Kuwabara, Akiko Hirose, Hyunjin Lee, Daisuke Hashimoto, Shin-ichiro Iio, and Tsuyoshi Takara.

The basic findings of the paper and their significance for theory and practice can be summarized as follows. The effects of the eight-week consumption of Theracurmin® on liver function, fatigue, and sleep were assessed of healthy Japanese adult subjects. ALT levels in the per protocol set analysis, except for subjects drinking quantities of alcohol that increase the risk of lifestyle-related disease onset, showed a significant decrease in ALT compared to the placebo group. In addition, the subjective symptom in the fatigue recovery factor of OSA-MA was significantly improved through the intervention and this effect was prominent in the subjects aged ≤ 45 years. The results suggest that the eight-week consumption of Theracurmin® improved liver function and may attenuate fatigue recovery at awakening in healthy Japanese adults.

We believe that this manuscript is appropriate for publication by Function Foods in Health and Disease. This manuscript has not been published and is not under consideration for publication elsewhere.

We can also confirm that we can pay the article publication fee. We will pay through bank transfer.

Thank you for your consideration,

Yoshitaka Kuwabara

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